



Programme

Fitter and faster: better health and growth in emerging economies

Monday 24 – Wednesday 26 June 2019 | WP1699

Summary

This dialogue will discuss how to create a healthier population and workforce in a number of fast developing economies. Recognising that health outcomes will lead in turn to economic growth it will identify how to develop successful health strategies to improve health outcomes, including through: improving access to safe, quality care; developing strategies to prevent and manage non communicable diseases; the use of digital health; and the provision of education and training.

The dialogue is taking place in the context of the United Kingdom's Prosperity Fund Better Health Programme, which will be working with 8 partner countries in South East Asia, Latin America and sub-Saharan Africa over the coming 3 years.

Context

Economic productivity and health outcomes are inextricably linked. By preventing ill health, improving health system efficiency and health equity, productivity increases, contributing to economic growth. The growing Non-communicable disease (NCD) burden is a critical barrier in improving health outcomes for governments of low-and middle-income countries. For all regions, except Africa, NCDs are now the leading cause of death and have a clear economic cost because they have an impact on working age people. The SDG progress review of 2018 noted that globally, 32 million people died in 2016 due to cardiovascular disease, cancer, diabetes or chronic respiratory disease¹.

Although all countries have their unique needs and objectives for enhancing their health outcomes, there is room for collaboration and the sharing of knowledge. Common issues, alongside the burden of NCDs, include: a lack of consistency in health care delivery, health system fragmentation (including integration of systems), barriers to and inequality of access, as well as a lack of local capacity. All of which constrain a country's ability to provide a quality health care service and achieve universal health coverage (UHC). It is estimated that 100 million people are still being pushed into extreme poverty because they have to pay for health care². Achieving UHC for all, including those vulnerable and rural populations, is a key challenge for many countries in pursuit of the Sustainable Development Goals. Supporting countries in addressing the barriers to improving health outcomes, and therefore economic growth, is therefore of pressing need.

This Wilton Park dialogue, in partnership with the Foreign & Commonwealth Office, will seek to share best practice, build partnerships and assess approaches for developing health strategies to improve health outcomes in Myanmar, Thailand, Philippines, Malaysia, Vietnam, Brazil, Mexico and South Africa.

In association with the Foreign and Commonwealth Office

¹ <https://unstats.un.org/sdgs/report/2018>

² [https://www.who.int/news-room/fact-sheets/detail/universal-health-coverage-\(uhc\)](https://www.who.int/news-room/fact-sheets/detail/universal-health-coverage-(uhc))

Monday 24 June – Understanding better health

1230	Participants arrive and buffet lunch available
1430-1445	Welcome and introduction Sharmila Nebhrajani Chief Executive, Wilton Park
1445-1545	1. Fitter and faster: achieving better health: national and global ambitions With specific reference to the trends and challenges facing Middle Income countries what progress is being made towards achieving Sustainable Development Goal 3 to 'Ensure health lives and promote well-being for all at all ages' and to achieving Universal Health Coverage? What progress on the UN General Assembly and World Health Organization NCD goals? Achieving Universal Health Coverage (UHC) for all for NCD? Luiz Henrique Mandetta Minister of Health, Ministry of Health, Brasilia Robert Yates Head of Centre on Global Health Security, Chatham House, London
1545-1630	Photograph followed by tea/coffee
1630-1830	2. Tackling NCDs: trends and plans What are the current trends in NCDs? Exploring national strategies to tackle NCDs, including the UK NHS Long Term Plan and the UK's Prevention Green Paper. What challenges lie ahead with ageing populations? Balancing prevention, managing risk factors, and building public health approaches? UK perspectives Tim Baxter Deputy Director, Reciprocal Healthcare and Healthy Behaviours, Department of Health and Social Care, London Andrew Black Team Leader - Development Assistance, World Health Organization, Geneva Rachel Batterham Professor of Obesity, Diabetes and Endocrinology, University College London, London A Malaysian perspective Arunah Chandran Senior Assistant Director, Cardiovascular/Diabetes Unit, Disease Control Division, Ministry of Health Malaysia, Putrajaya
1830	Reception followed by dinner Hosted by Sharmila Nebhrajani , Chief Executive, Wilton Park Speaker at dinner: Dame Anne Johnson Professor, Infectious Disease Epidemiology, Vice President International, Academy of Medical Sciences, London

Tuesday 25 June – Shared challenges, shared opportunities

0800-0845	Breakfast
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3. National responses to achieving better health

This session will explore how countries are working towards achieving Better Health to meet UHC and SDG3, with specific focus on tackling NCDs. It will build understanding of shared and different challenges and opportunities through case studies. Speakers will be asked to focus on their interests and experiences in the 5 Pillars of the Better Health Programme, namely:

- NCD Strategies
- Quality improvement of providers, quality care and patient safety
- Digital health
- Education and training
- Life sciences

Chair: Robin Hart

Senior Programme Director, Wilton Park

Ricardo Cortés Alcalá

Director General for healthcare promotion, Ministry of Health, Mexico City

Allan Aragon Evangelista

Medical Officer V, Department of Health, Bureau of International Health Cooperation, Manila

Richard Stubbs

Chief Executive Officer, Yorkshire and Humber Academic Health Science Network, Wakefield

4. Building better health in practice I

This session will involve smaller working groups, in a world café format where participants will have the opportunity to join 3 different topics during the session (30 minutes each session). Discussion will be led by an UK expert facilitator who will first introduce their topics to the whole group. The aim is to enable participants to focus on areas of specific interest to them, hear about experiences from the UK, and share and build examples of good practice that could be applicable to them.

a) NCD Strategies (Common Room)

Exploring how to create holistic, system-wide strategies involving multi-stakeholders. What might a strategy look like? How to ensure a strategy is sustainable? How to ensure equality of access?

Facilitator:

Neil Squires

Director of Global Public Health, Public Health England, London

b) Education and training (including through life-long learning, and including e-learning) (Great Hall)

Building strong education and training systems, including for primary and secondary NCD prevention, diagnosis and treatment; avoidable clinical errors, infections and injuries due to sub-optimal patient safety; clinical leadership; and data analysis. How to ensure life-long learning, and use digital to best effect? What does good practice look like? Discussion to include focus on continuous professional development, and accreditation

Facilitator:

Ged Byrne

Director of Global Engagement, NHS Health Education England, Manchester

c) Quality of Care and Patient Safety (Great Hall)

How to build better quality of care and Patient Safety into the health service delivery, including as health service provision expands? What approaches work? How to maximise a learning not a blame culture? How to ensure quality improvement strategies are embedded in practice? How to build from the bottom up? How to ensure the patient voice is included in building a patient safety culture?

Facilitators:

Nigel Acheson

Deputy Chief Inspector of Hospitals, Care Quality Commission (CQC), London

Philip Duncan

Head of Patient Safety Programmes, NHS Improvement, London

d) Prevention for NCDs, from structural policies to individualised health promotion (Library)

What prevention strategies are working to reduce NCDs? What combination of policies are required to change environments, individual behaviour and target high risk groups? What might work best for health promotion and campaigns in different contexts, and for different diseases and determinants while also ensuring equity? Discussing the role of public engagement, culture and behaviour change.

Facilitators:

Alison Cox

Director of Prevention, Cancer Research UK, London

Alexia Clifford

Deputy Director of Marketing Activation, Public Health England, London

e) Keeping up with the future: maximising life sciences, innovation and research (Great Hall)

Using global health research and evidence to build better health, including discussion on the likely innovations in Life Sciences for the future of healthcare? How can regulators keep up with new technologies?

Facilitator:

John Tooke

Executive Chairman, Academic Health Solutions, London

Tea and coffee available during the world café

1220-1300

5. Building better health in practice II

Feedback from the discussions in session 4. What does good practice look like? What were the best ideas that emerged? How do they apply to the countries?

1300-1400

Lunch

1400-1500

Free time with optional garden tour or time for informal conversations.

1500-1630

6. Digital health and its potential to transform healthcare and health outcomes

What are the current and potential opportunities for digital innovations and digitisation of health services to improve healthcare and health outcomes particularly in relation to NCDs? How to harness the digital and tech as a positive 'disrupter' for healthcare? How to ensure cost-effective services and sustainable health financing? How to assess and regulate new technologies at the same pace as they arise?

Jordi Serrano Pons

Founder and CEO, UniversalDoctor, Geneva; and co-founder of Zero Mothers Die

Feisul Idzwan Mustapha

Deputy Director, Non-Communicable Disease Section, Disease Control Division, Ministry of Health Malaysia, Putrajaya

Jacson Venâncio de Barros

Director, Informatics Department for SUS (United Health System), Ministry of Health, Brasilia

1630-1700

Tea/coffee

1700-1830

7. Shared challenges and opportunities: a focus on:

Smaller group discussions for participants to follow up on specific areas of interest. Speakers/facilitators to introduce their theme in plenary.

a) Informed evidence decision-making - using Health Technology Assessments for clinical and cost-effectiveness

How to build evidence-based choices into future strategies for better healthcare? Exploring how to improve evidence in policy and developing skills such as maximising Health Technology Assessments (HTA), include medicines, diagnostics etc (NICE model).

Jeanette Kusel

Director of Scientific Advice, National Institute for Health and Care Excellence (NICE), London

b) Building access to primary healthcare (including rural)

Discussion on how to build primary healthcare access, the challenges for rural areas and ensuring access to the most vulnerable.

Mala Rao

Senior Clinical Fellow, Department of Primary Care and Public Health, Imperial College London

Irene Durante Montiel

Vice-Dean, School of Medicine, National Autonomous University of Mexico, Mexico City

c) The challenge of chronic disease

How can countries best deal with chronic disease?

Johanna Ralston

Chief Executive Officer, World Obesity Federation, London

d) Encouraging behavioural change – the nudge approach

Exploring how to encourage change in diet and lifestyle in populations, support self-care approaches.

Hugo Harper

Director, Behavioural Insights Team, London

1900

Reception followed by dinner, hosted by

Lewis Neal

Director of Economic Diplomacy, Foreign and Commonwealth Office, London

Wednesday 26 June – Delivering better health

0800-0845

Breakfast and checkout

0900-0945

8. Better health for all: reflections

Reflections from the previous day's discussions. How to achieve better health for all that enables healthy populations and economic prosperity? What are the priorities for countries? Led by participants, including:

Christine Joan Co

Division Chief, Department of Health, Manila

Minh Chau Nguyen

Deputy Director General, International Cooperation Department, Ministry of Health, Hanoi

0945-1130

9. Building partnerships for better health for all

How can collaboration be fostered between countries and the UK to ensure sustained knowledge sharing and partnerships? How can the Better Health Programme best support countries through Programme activities? How will this work in practice?

Plenary introduction: **How can the Better Health Programme best support countries?**

Megan Cooper

Portfolio Manager, Prosperity Fund, Foreign and Commonwealth Office, London

To be followed by in country-focused discussion groups where the roles and responsibilities and exploring ways of working will be discussed. To involve Strategic and Delivery Partners for the Better Health Programme.

1130-1145

Tea/coffee

1145-1300

10. Conclusions and commitments to achieve better health for all

Discussion including reflections from country-focused discussions, followed by conclusions and next steps, including participants sharing their personal actions and commitments.

To include completion of online evaluation survey.

Chair: Robin Hart

Senior Programme Director, Wilton Park

1300

Lunch

1400

Participants depart